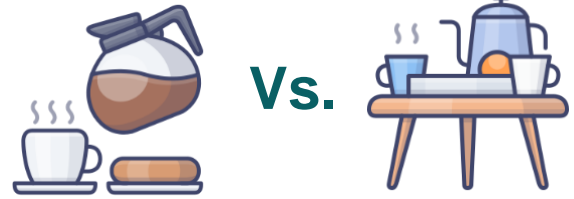


Coffee Vs. Tea: The Great Debate

Warm-Up Questions

Ask your teacher and classmates the following questions.

1. What kind of tea or coffee do you like?
2. How does coffee/tea make you feel?
3. Which is best, coffee or tea? Give 3 reasons.



MATCHING - Match the words on the left with the meanings on the right.

- | | |
|---------------------------|--|
| 1 shed (v) | ● A having absorbed enough water |
| 2 excess (adj) | B having a large amount of something |
| 3 stick to (phr.v) | C a person who is very knowledgeable about or skillful in a particular area |
| 4 hydrated (adj) | D to keep doing what you said you would do or what you believe in |
| 5 bolster (v) | E an increase in energy |
| 6 protect (v) | F used to say what you have just said is true in the opposite order |
| 7 expert (n) | G to get rid of something unwanted or unnecessary |
| 8 climb the walls (idiom) | H used to indicate one's preference in a particular matter |
| 9 vice versa (adv) | I to keep safe from harm or injury |
| 10 loaded with (idiom) | J to support something or make something stronger |
| 11 boost (v) | K feeling very anxious or frustrated because you have a lot of energy but can't do something |
| 12 rather (adv) | L more than is necessary or wanted; too much |

Fun Facts About Coffee & Tea

Coffee

Coffee beans are technically seeds. Brazil grows the most coffee in the world. Only 2 U.S. states produce coffee. Espresso means "pressed out" in Italian. You can overdose on coffee.

Tea

It takes around 2000 tiny leaves to make just one pound of finished tea. You are less likely to get a "caffeine crash" when you drink tea or coffee. All tea comes from the same plant.

Watch the video and answer the questions.

<https://youtu.be/RBJNzjYVWuQ>



Listening Questions



Watch the YouTube video and **answer** the following **questions**.

1 What did Jessica just make and how did Steve react to her offer?

2 Why does Jessica think coffee is better than tea in the morning?

3 According to Steve, what are some benefits of tea?

4 According to Jessica, what are some benefits of coffee?

5 According to Steve, how many cups of coffee are safe to drink every day?

6 What does Steve mean, "all those add-ons make coffee bad for your teeth, not to mention your waistline?"

7 What does Jessica mean when she says, "It's going to be a long day and I need all the help I can get?"

8 What's Steve trying to lose?

For access to the full lesson plan with several more activities, transcripts and answer key, subscribe as a TeacherPro: www.pocketpassport.com